# **VOLUNTEERING in PROJECT**

WORK 07.00 - 11.00 (Monday to Friday)

3 DAYS OF WORK MINIMUM commitment

FREE AFTERNOONS and WEEKEND

WE PROVIDE "BASIC" FOODSTUFFS (Monday to Friday)

# **WHAT WE PROVIDE**

ACCOMMODATION on the land

the tent + mattress + bed linen



dry toilet



handmade shower cabin (water in barrel)





camp kitchen (fire place, table + benches, food storage shelves, kitchenware)



POTABLE WATER



! electricity is just a cable to charge the phone



#### ! no tape water

BASIC FOOD (rice, bread, coffee, sugar, some vegetables & fruits)

! you cook for yourself

### **TASKS**

We work on the ground under the sun!

The example of task list

- cleaning the land (collect the trash, carry the rocks, remove the roots...)
- make a pass on the land
- making furnitures
- help with building (pissoir, tool shed)
- fence reinforcement

## **ADVICES TO VOLUNTEERS**

#### What should you bring in your bag?

- shoes to work (it's not convenient and dangerous to work on the ground in flip flops)
- CASH (there is NO ATM MACHINE in El Transito)
- towel, swimming suits...
- GIRLS: stock up on hygiene products in advance.
- ⇒ There is 5 mini markets called "Pulperias" where you can find some really basic things.
- ⇒ ATM, Supermarkets are located 40 km from the place (Managua or Leon)/1,5 hours by car. Buy everything you fancy/need in advance.

#### **HEALTH INFORMATION**

WE ADVISE you to have your own FIRST AID KIT with the necessary medicines (Mosquito Repellant, ibuprofen, disinfectant...)